About the Family Centre

Life is complex for a family with a child with type 1. We’re here to help. We offer psychosocial and peer support, information, and education, in a friendly, warm environment designed with families in mind.

Our Services

**Babysitter Training**
We train family, friends and neighbours to care for a child with type 1. Now available by Skype.

**CGM Loan Program**
Try Continuous Glucose Monitoring for a school camp or trip away through our Loan Program.

**Family Therapy**
Joe has type 1 and is an accredited nurse, diabetes educator and family therapist. Link in with him for family therapy via Skype.

**Carb Counting**
Become a Carb Counting ninja and learn more about calculating insulin doses with our half-day course.

**Flex IT**
Developed by renowned diabetes organisation Baker-IDI, FlexIT is a 2-day group program we run for teens teaching them how to match insulin requirements to their lifestyle and carbohydrate intake.

**School Holiday Programs**
Connect up with the type 1 community on the school holidays with our dynamic program of events and excursions – fun for the whole family!

**Solutions Forums**
Crowdsource answers to all your diabetes questions with the type 1 community!

**Teen Cooking**
Cook, carb count, eat, and chill with other type 1 teens at the Family Centre.

Register at telethontype1.org.au and explore our facebook community for parents.

11 Limosa Close, Stirling 6021
P: +61 8 9446 6446
E: hello@telethontype1.org.au
W: telethontype1.org.au